

GO BEYOND YOUR LIMITS

What is MET-MAX™?

MET-MAX™ began with a concept—a concept that was initiated by professional bodybuilders in order to create the ultimate non-steroidal anabolic formula that would give elite athletes the edge in their quest for the perfect physique. To achieve these goals, MET-MAX™ had to:

1. Deliver a significant amount of high-quality protein.
2. Stimulate muscle growth.
3. Prevent / reduce muscle loss.
4. Increase fat loss.
5. Deliver energy.
6. Increase strength.

MET-MAX™ delivers all this and more...

Athletes Plateau Because Their Body Stops Responding to Training

At some point, progress in fat loss, size, strength, or stamina may slow down or stop altogether. The special ingredients in MET-MAX™ re-energize your metabolism to help you break through the barrier separating you from your goals. It is the first product of its kind specifically formulated to make your metabolism more responsive, so that you get results faster and with greater effect. For this reason, the appeal of MET-MAX™ has grown outside the market for bodybuilders and strength athletes to include professional and amateur athletes in the fields of football, baseball, hockey, basketball, track, and cycling. The reason is well-known to all who use it. They get results quickly!

§ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MET-MAX™ Works for All Types of Athletes

Endurance athletes use MET-MAX™ to bust through stubborn plateaus—they increase stamina, recover faster, and feel better at the end of their day. Strength athletes use MET-MAX™ because it helps them develop explosive power and size more quickly—and they accomplish this while gaining less fat than ever before. Because MET-MAX™ is formulated to make your metabolism more responsive, it is the one product that crosses all the lines from hardcore strength to hardcore endurance.

In order to enhance muscle size, strength, power, stamina, fat loss, anti-catabolism, and recovery, MET-MAX™ contains the most complex combination of advanced, yet safe, performance-enhancing ingredients ever assembled in one product.

Protein – from 6 different sources, including hydrolyzed whey protein, to help you build and repair muscle tissue.

Arginine-Aspartate – to improve the anabolic environment stimulated by strenuous exercise.

OKG, Phosphatidylserine, & L-Glutamine – to reduce cortisol-induced muscle catabolism and improve nitrogen balance.

BCAA's, KIC, & Succinates – to help you recover faster and reduce post-workout muscle soreness.

L-Carnitine, Choline, & Hydroxycitrate – to mobilize fat stores for energy and reduce carbohydrate conversion to fat.

Guarana & Theobroma – to increase energy.

Creatine - to increase muscle strength and size.§

Energy Boost

CHAMPION NUTRITION

METABOLOL MAXIMUM

MET

Max

COMPLETE ANABOLIC SUPPORT FORMULA

ENHANCE: MUSCLE SIZE, STRENGTH AND POWER, STAMINA, FAT LOSS, ANTI-CATABOLISM, AND RECOVERY

PROTEIN CREATINE L-ARGININE L-GLUTAMINE VANADYL L-CARNITINE BCAA'S

DIETARY SUPPLEMENT Net Wt. 2.7 lbs (1,240 g) CHOCOLATE

Supplement Facts

Serving Size 2 Scoops (62g)
Servings Per Container 20

	Amount Per Serving	%DV*
Calories	230	
Calories from Fat	20	
Total Fat	2.5 g	4%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Cholesterol	40 mg	13%
Sodium	170 mg	7%
Potassium	500 mg	14%
Total Carbohydrate	11 g	4%
Dietary Fiber	2 g	8%
Sugars	5 g	
Protein	41 g	82%
Vitamin C	50 mg	82%
Folate	200 mcg	50%
Calcium	260 mg	26%
Iron	8 mg	45%
Creatine Monohydrate	3 g	†
Vanadyl Nicotinate	7.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: MetaMax Plus™ (proprietary protein blend which contains: enzyme modified digest of lactalbumin, whey protein concentrate, beef protein, calcium caseinate, egg albumen, whey protein hydrolysate, L-leucine, L-glutamine, L-isoleucine, L-valine, L-methionine and L-carnitine), sodium and potassium lactate, lowfat cocoa powder, creatine monohydrate, ornithine alpha-ketoglutarate, arginine-aspartate, alpha-ketoisocaproate, cocoa extract, natural and artificial flavors, garcinia cambogia extract, Succinate ETF (proprietary succinate compound that includes: potassium succinate, sodium succinate, magnesium succinate, calcium succinate), guarana extract, aspartame*, potassium citrate, xanthan gum, cellulose gum, inositol, choline bitartrate, quercetin, ginseng extract, carrageenan, acesulfame-potassium, feverfew, vanadyl nicotinate, phosphatidylserine, and folic acid. *Contains milk, egg, and soy derivatives.*

*Phenylketonurics: This product contains Phenylalanine.

BODYBUILDERS / STRENGTH ATHLETES:

Blend one serving (2 scoops) in 10 to 12 oz. of cold water. Mix thoroughly in a blender or shaker. Take 30 - 45 minutes before exercise and again 1 hour after training. Advanced Bodybuilders: visit our website (www.champion-nutrition.com) for more detailed training usage.

ENDURANCE ATHLETES:

Blend one serving (2 scoops) in 10 to 12 oz. of cold water. Mix thoroughly in a blender or shaker. Take 1 hour after exercise or competition.

ESSENTIAL AMINO ACIDS 51.1% BCAA TO EAA

GRAMS OF AMINO ACIDS PER 100 GRAMS OF PURE PROTEIN:

L-Histidine	1.93	L-Phenylalanine	3.58
L-Isoleucine (BCAA)	5.05	L-Threonine	5.23
L-Leucine (BCAA)	12.88	L-Tryptophan	1.39
L-Lysine	7.46	L-Valine (BCAA)	4.96
L-Methionine	2.30		

ALLERGY WARNING: Produced in a facility that processes milk, egg, soy, peanuts, soybeans, tree nuts, wheat and crustacean shellfish derivatives.

This product is intended for human use by healthy, physically active adults. If you are pregnant, lactating, under medical care or using any medications, please consult your physician before using this or any other dietary supplement.

Contents may settle: filled by weight, not by volume.

CHAMPION NUTRITION

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